

Candida Yeast Answer

If a person has ever been on antibiotic therapy, there is a really good chance that they may have a candida yeast overgrowth issue. According to Herbal Home Health Care by Dr. Christopher, “Yeast overgrowth is generally a side effect of antibiotic therapy. All drugs have side effects and antibiotic usage is no exception. When antibiotic drugs destroy targeted microbes, they also destroy billions of friendly flora that protect the intestinal tract. There are over 200 varieties of friendly flora that are destroyed and the singular probiotic, acidophilus will not resolve the problem.

“One hardy variety of floras that is beneficial but not affected by antibiotic drugs is Candida albicans. This yeast grows uncontrollably when checks and balances from other flora are not present. When this yeast takes up all the available space in the intestinal tract, it changes its morphology and grows appendages with which it whips against the walls of the intestines creating thousands of small lesions. These lesions provide a pathway for the Candida to enter the bloodstream, causing Systemic Candidiasis, which can cause symptoms that mimic many known diseases.

“This perforated bowel is referred to as Leaky Gut Syndrome. This condition allows undigested proteins to enter the bloodstream. These proteins are foreign to the immune system and are therefore attacked. The immune system remembers these protein invaders and reacts like an allergy each time you consume them. This opens up the possibility of eventually making you allergic to every food you eat.

“Since yeast overgrowth can cause symptoms mimicking many diseases, misdiagnosis is common and yeast overgrowth remains undetected allowing it to further colonize, thus creating more side effects and ill health. Some of the symptoms of a systemic yeast overgrowth are: gas, bloating, cramping, inflammation intestinally or systemically, diarrhea, constipation, food sensitivity, allergies, skin lesions, hives, brain fog, and or fatigue. Note that all organs and systems of the body can produce symptoms.”

The majority of people who have candida do not realize they have it until they become seriously ill. The symptoms are so numerous and seemingly unrelated that it is very perplexing to both doctor and patient.

Candida Albicans is an incredible destroyer of health and is the main missing link in many of our modern-day diseases and sub-health conditions. The fact that candida can rob the body of its nutrition and poison the tissues with its toxins is a major contribution, directly or indirectly to the following list of possible serious conditions:

Acne	Adrenal Exhaustion	Allergies (Airborne/Food)	Anti-social Behavior	Asthma/Bronchitis
Bad Breath/Body Odor	Bladder/Urinary Infections	Bone Loss	Bruise Easily	Burning Eyes
Chemical Sensitivity	Cold/Shaky	Colds & Flu	Colitis	Constipation
Depression	Diarrhea	Dizziness	Dry Mouth/Eyes	Dry Skin & Itching
Endometriosis	Epstein Barr Virus	Extreme Mineral Deficiency	Eyesight Problems	FATIGUE (Chronic)
Finger/Toenail Fungus	Food Cravings	Frequent Infections	Gas/Bloating	Hair Loss
Hay Fever/Sinus Inflammation	Headaches/Migraines	Heartburn	Heart Irregularities	Hemorrhoids
High/Low Blood Sugar	Hormonal Imbalance	Hyperactivity	Indigestion	Inflammatory Conditions
Insomnia	Irritable Bowel Syndrome	Intestinal Pain	Iron Deficiency	Joint Pain
Lethargic/Laziness	Lupus-Type Symptoms	Malabsorption	Menstrual Problems	Mood Swings
Muscle Aches/Degeneration	No Sex Drive	Numbness	Over & Under Weight	Overall Bad Feeling
PMS Symptoms	Poor Memory	Premature Aging	Puffy Eyes	Respiratory Problems
Skin Hives & Rashes	Thrush/Gum Receding	Tingling Sensations	Ulcers	Vaginal Yeast Infections